

Caraterização da Unidade Curricular / Characterisation of the Curricular Unit

Designação da Unidade Curricular / Curricular Unit:	[3181200603] Antropologia e História das Atividades Corporais		
	[3181200603] Anthropology and History of Body Activities		
Plano / Plan:	2007/2008		
Curso / Course:	Desporto e Atividade Física Sport and Physical Activity		
Grau / Diploma:	Licenciado		
Departamento / Department:	CDM - Ciências do Desporto e Motricidade		
Unidade Orgânica / Organic Unit:	Escola Superior de Educação de Viseu		
Área Científica / Scientific Area:	Ciências da Motricidade		
Ano Curricular / Curricular Year:	1		
Período / Term:	S1		
ECTS:	4		
Horas de Trabalho / Work Hours:	0108:00		
Horas de Contacto/Contact Hours:			
(T) Teóricas/Theoretical:	0000:00	(TC) Trabalho de Campo/Fieldwork:	0000:00
(TP) Teórico-Práticas/Theoretical-Practical:	0045:00	(OT) Orientação Tutorial/Tutorial Orientation:	0000:00
(P) Práticas/Practical:	0000:00	(E) Estágio/Internship:	0000:00
(PL) Práticas Laboratoriais/Practical Labs:	0000:00	(O) Outras/Others:	0000:00
(S) Seminário/Seminar:	0000:00		

Docente Responsável / Responsible Teaching

[2201] Antonino Manuel De Almeida Pereira

Outros Docentes / Other Teaching

[2201] Antonino Manuel de Almeida Pereira

Learning Outcomes of the Curricular Unit

1. Understanding the sport as a human phenomenon that can help to a better understanding of human being.
2. Know the anthropological elements essential to the consideration of physical activities as a fundamental component of culture.
3. Analyze the game and an anthropological perspective on the overall picture of the Social Sciences and Humanities.
4. Understand the reasons that led to the appearance and disappearance of the main forms of physical activity over time in different cultures.
5. Understanding the culture -sports body along the historical process in societies more characteristics of each period.
6. List the different stages of development of physical and sports activities with their dominant lines of thought.
7. Reflect on the Portuguese context of physical and sports activities

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Syllabus (Lim:1000)

1. HISTORY OF PHYSICAL ACTIVITIES

Concepts

Evolution of sports activities

- . Primitive peoples
- . The ancient Greek and Roma:
- . The Middle Ages
- . The Renaissance
- . The Old Regime
- . The Nineteenth Century
- . The Twentieth Century
- . The Olympic Games of the Modern Era
- . The sport today. Future perspectives.

Physical Education and Sport in Portugal. The evolution trend in recent decades.

New socio-cultural manifestations of sport.

Main debates and future directions

2. ANTHROPOLOGY OF BODY ACTIVITIES Concepts and reasoning

.Sport: motor elements and human elements

Anatomy of the culture

.Anatomical bases of human evolution.Origins of The man

The Sport as an object of study

.The humanities sciences and sport.The sport as anthropological problem

.From ritual to the game.

.The game in perspective of several authors.

.Traditional games.

.From the games to the sorts

Main debates and future directions

Demonstration of the syllabus coherence with the curricular units' learning objectives

Objective 1

contents:

Anthropology of Sport

. Concepts and reasoning

The Sport as an object of study

Objective 2

contents:

Anatomy of the culture

The universe mythical-ritual in sport

Objective 3

contents:

From ritual to the game.

. The game in perspective several authors

. Traditional games.

Objective 4

contents:

Evolution of sports activities

. Sports and motors elements

. Sport and human elements

Objective 5

contents:

Anatomy of the culture

Evolution of sports activities

The Body

Sport and modernity

Objective 6

contents:

Evolution of sports activities

Objective 7

contents:

Physical Education and Sport in Portugal. The trend in recent decades.

Teaching Methodologies (Including evaluation; Lim:1000)

This curricular unit is based mainly on lectures on the subjects listed in the program. It used the lecture method, using audiovisual aids, followed by discussion of the topics presented.

Presentation of group work on program content based on literature research.

The teacher agrees with students topics for research papers and encourages them to interact and participate in the construction of learning.

Obligatory elements of study and indication of complementary bibliography will be provided. The evaluation follows the Frequency and Evaluation

Regulation of Scholl of Education and are based on the following elements of interpretive character: written test

(70%) and research work (30%).

Demonstration of the coherence between the teaching methodologies and the learning outcomes

In the development of skills sought by this course, this curricular unit seeks to contribute to: i) developing the capacity to collect, select and interpret relevant information, which enable students to substantiate their solutions, including the analysis of social aspects, scientific and ethical aspects and management in the prescription of exercise and athletic training; ii) knowledge and understanding of social factors that influence the motricity in various contexts, as well as the effects of these factors in the exercise.

In this sense, this curricular unit aims to study the physical activities as socio-cultural events that reflect ways of being, thinking, feeling and acting in accordance with symbols, values, norms and rules-driven models of thought and structured action in time and space subject to change and resistance varied.

This curricular unit has an interpretative dimension

So, the theoretical exposition, reflection and research literature allow to achieve their objectives.

Bibliografia / Bibliography (Lim:1000)

Caillois, R. (1990). Os jogos e os homens: a máscara e a vertigem. Lisboa: Cotovia
Domingos, N. & Neves, J. (2011). Uma História do Desporto em Portugal - Volume I, II e III. Vila do Conde: QuidNovi.

- Garcia, R. & Cunha, A. (2016). Jogos olímpicos sob o signo da utopia. Lisboa: Visão e Contextos.
- Garcia, R. (2007). Antropologia do Esporte. Rio de Janeiro: Shape.
- Gems, G. (2021). [*Sport history: the basics*](#). New York : Routledge.
- Klein, A. (2014). Anthropology of Sport. In J. Maguire (Ed.), Social Sciences in Sport (pp.71-90). U.K.: Human Kinetics
- Monteiro, A., & Garcia, R. (2016). O legado axiológico dos Jogos Olímpicos. Lisboa: C.O.P.
- Rodríguez López, J. (2008). Historia del deporte (3ªed.). Barcelona: INDE.
- Vamplew, W. (2014). History of Sport. In J. Maguire (Ed.), Social Sciences in Sport (pp. 9-34). U.K.: Human Kinetics
- van Hilvoorde, I. (Ed.) (2017). Sport and play in a digital world (1st Edition). London: Routledge
- Caillois, R. (1990). Os jogos e os homens: a máscara e a vertigem. Lisboa: Cotovia
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