

### Caraterização da Unidade Curricular / Characterisation of the Curricular Unit

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|--|--|--|---------|
| <b>Designação da Unidade Curricular / Curricular Unit:</b> | [3181200620] Sociologia do Desporto<br>[3181200620] Sports Sociology |  |         |
| <b>Plano / Plan:</b>                                       | 2007/2008  |  |         |
| <b>Curso / Course:</b>                                     | Desporto e Atividade Física<br>Sport and Physical Activity           |  |         |
| <b>Grau / Diploma:</b>                                     | Licenciado   |  |         |
| <b>Departamento / Department:</b>                          | CDM - Ciências do Desporto e Motricidade                             |  |         |
| <b>Unidade Orgânica / Organic Unit:</b>                    | Escola Superior de Educação de Viseu                                 |  |         |
| <b>Área Científica / Scientific Area:</b>                  | Ciências do Desporto   |  |         |
| <b>Ano Curricular / Curricular Year:</b>                   | 2  |  |         |
| <b>Período / Term:</b>                                     | S1   |  |         |
| <b>ECTS:</b>   | 4  |  |         |
| <b>Horas de Trabalho / Work Hours:</b>                     | 0108:00  |  |         |
| <b>Horas de Contacto/Contact Hours:</b>                    |  |  |         |
| (T) Teóricas/Theoretical:                                  | 0045:00  | (TC) Trabalho de Campo/Fieldwork:              | 0000:00 |
| (TP) Teórico-Práticas/Theoretical-Practical:               | 0000:00  | (OT) Orientação Tutorial/Tutorial Orientation: | 0000:00 |
| (P) Práticas/Practical:                                    | 0000:00  | (E) Estágio/Internship:                        | 0000:00 |
| (PL) Práticas Laboratoriais/Practical Labs:                | 0000:00  | (O) Outras/Others:                             | 0000:00 |
| (S) Seminário/Seminar:                                     | 0000:00  |  |         |

### Docente Responsável / Responsible Teaching

[2201] Antonino Manuel De Almeida Pereira

### Outros Docentes / Other Teaching

[2201] Antonino Manuel de Almeida Pereira

### **Learning Outcomes of the Curricular Unit**

- i. Acquiring solid notions about the object, methodologies, trends and current research of the history of Sociology of Sport;
- ii. Know and understand the theoretical perspectives commonly used in the study of sports activities, analyzing them critically in their strengths and their weaknesses as well as some of the relevant facts of the genesis of the same;
- iii. Acquiring knowledge on the process of development of modern sport;
- iv) Reflect on key issues of the Sociology of Sport: gender, racism and ethnicity, social exclusion, economy and media, doping, violence in sports, politics and nationalism, among others.

### **Learning Outcomes of the Curricular Unit (Lim:1000)**

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### **Syllabus (Lim:1000)**

1. Sociology
  - . Sociology as a science
  - . Sociology and Social Sciences
  - . Founders of Sociology. Main currents
  
2. Evolution and current state of the Sociology of Sport
  - . The Sociology of Sport and Sociology
  - . The Sociology of Sport and the Science of Sport
  - . Evolution of the Sociology of Sport
  - . The Sociology of Sport as a Science
  - . Current state in international and national terms
  - . Theoretical approaches to the study of Sociology of Sport
  - . Fields of investigation
  - . Main debates and future perspectives
  
3. Theoretical foundations of the Sociology of Sport
  
4. Sports Practice
  - . Sociological analysis of sports practice
  - . Educational and training potential of Sport
  
5. Sport and Society
  - . sport and globalization
  - . sport and violence
  - . sport and gender
  - . sport and environment
  - . sport, racism and ethnicity
  - . sport and the media
  - . sport and social inclusion
  - . sport and religion
  - . sport and the digital age

### **Demonstration of the syllabus coherence with the curricular units' learning objectives**

Objective i)

Contents:

1. Sociology
2. Evolution and current state of the Sociology of Sport

Objectives ii) and iii)

Contents:

3. Theoretical foundations of the Sociology of Sport
4. Sports Practice
5. Contemporary sport

Objective iv)

Contents:

6. Sport and Society

### **Teaching Methodologies (Including evaluation; Lim:1000)**

This curricular unit is based mainly on lectures on the subjects listed in the program. It used the lecture method, using audiovisual aids, followed by discussion of the topics presented.

Presentation of group work on program content based on literature research.

The teacher agrees with students topics for research papers and encourages them to interact and participate in the construction of learning.

Is provided to students of all mandatory elements of study and indicated a supplementary bibliography. The evaluation follows the Frequency and

Evaluation Regulation in School of Education based on the following elements of interpretive character: written test

(70%); research work (30%).

### **Demonstration of the coherence between the teaching methodologies and the learning outcomes**

In the context of developing the skills sought by this course, this curricular unit seeks to contribute to: i) the development of skills in collecting, selecting and interpreting relevant information, enabling students to substantiate the solutions they advocate, including the analysis of aspects social, scientific and ethical relevant to exercise prescription and management;

ii) knowledge and understanding of the social factors that condition motor skills in various contexts.

In this sense, it is intended to study physical and sports activities as sociocultural manifestations, which translate ways of being, thinking, feeling and acting according to symbols, values, norms and rules guided by models of thought and action structured in the time and space.

This curricular unit has, therefore, an interpretive dimension. As such, theoretical exposition, reflection and bibliography research allow to achieve the objectives of this curricular unit.

### Bibliografia / Bibliography (Lim:1000)

Constantino, J. & Machado, M. (Coord.) (2018). Desporto, género e sexualidade. Lisboa: Visão e Contextos.

Constantino, J. M. & Machado, M. (2020). *e-Sports. O desporto em mudança?* Lisboa: Visão e Contextos

Craig, P. (2016). Sport Sociology (Third Ed.) London: Sage Publications Ltd

Jarvie, G.; Mansfield, L.; Bradley (2002). Sport Worlds - A Sociological Perspective. U.K.: Human Kinetics.

Jones, R., Potrac, P., Cushion, C. & Ronglan, L. (Eds.) (2011). The Sociology of Sports Coaching. London: Routledge.

Maguire, J. (2014). Sociology of Sport. In J. Maguire (Ed.), Social Sciences in Sport (pp. 91-108). U.K.: Human Kinetics.

Maguire, J. Jamieson, K. & Smith, M. (2016). Fundamentals of Sociology of Sport and Physical Education. U.K.: Human Kinetics.

[Pérez Triviño, José Luis](#) (2021). [El deporte tras el coronavirus : una visión transversal del impacto de la crisis en el deporte](#). Terrassa: [Ed. Hexis](#) .

Constantino, J. & Machado, M. (Coord.) (2018). Desporto, género e sexualidade. Lisboa: Visão e Contextos.

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