

### Caraterização da Unidade Curricular / Characterisation of the Curricular Unit

<b>Designação da Unidade Curricular / Curricular Unit:</b>	[7085858] Comunicação e interação em Saúde Familiar		
<b>Plano / Plan:</b>	PLANO - CMEC-ESF - a partir 2023/2024		
<b>Curso / Course:</b>	Mestrado em Enfermagem Comunitária - área de Enfermagem de Saúde Familiar		
<b>Grau / Diploma:</b>	Mestre		
<b>Departamento / Department:</b>	ENFERMAGEM		
<b>Unidade Orgânica / Organic Unit:</b>	ESCOLA SUPERIOR DE SAÚDE DE VISEU		
<b>Área Científica / Scientific Area:</b>	Enfermagem		
<b>Ano Curricular / Curricular Year:</b>	1		
<b>Período / Term:</b>	S2		
<b>ECTS:</b>	5		
<b>Horas de Trabalho / Work Hours:</b>	0125:00		
<b>Horas de Contacto/Contact Hours:</b>			
(T) Teóricas/Theoretical:	0015:00	(TC) Trabalho de Campo/Fieldwork:	0000:00
(TP) Teórico-Práticas/Theoretical-Practical:	0020:00	(OT) Orientação Tutorial/Tutorial Orientation:	0000:00
(P) Práticas/Practical:	0010:00	(E) Estágio/Internship:	0000:00
(PL) Práticas Laboratoriais/Practical Labs:	0000:00	(O) Outras/Others:	0000:00
(S) Seminário/Seminar:	0000:00		

### Docente Responsável / Responsible Teaching

[303988] Alcinda Maria Sarmiento Costa Dos Reis

### Outros Docentes / Other Teaching

[5016] Emília de Carvalho Coutinho

### **Learning Outcomes of the Curricular Unit**

Distinguish the communication in the phases of therapeutic relationship with the family as a care partner.

Develop the critical spirit in the promotion of communication between families, monodisciplinary and multidisciplinary teams aiming the best referral.

To develop theoretical research to support professional practices in family health mobilizing taxonomy in family nursing.

Discuss the results of the research carried out and/or the clinical cases based on the results of scientific evidence in promotion of family health nursing.

### **Syllabus**

Communication in the therapeutic relationship with the individual and family as care partners.

Communication between teams and referencing.

Health information systems, taxonomies and communication in family health nursing.

Promotion of family health nursing with media mobilization.

### **Demonstration of the syllabus coherence with the curricular units' learning objectives**

The programmatic contents of the curricular unit are organized in a coherent, sequential, logical and articulated way with the defined objectives. With the approach of these contents, the master's students aim at understanding communication as interaction and participatory experience, as well as understanding the importance of communication throughout the life cycle. The study of communication in the therapeutic relationship and interaction in nursing departs from the conceptual framework of family health nursing, highlighting the strategies for its promotion, namely with the media.

### **Teaching Methodologies (Including evaluation)**

Will be valued active methodologies, research and reflective practices on current issues, creativity and organization of its approach and applicability to practice. Demonstration and training of the application of collaborative intervention techniques in the context of the therapeutic relationship with the family as a care partner will be made, in the context of the classroom, using the principles inherent to the simulated practice in PL classes. Description and reflective analysis of practices and analysis of problems related to practice. Autonomous work of the master students is the time used by the student for research, analysis and preparation of the study of contents of the UC, promoting self-learning.

The assessment process will be based on a written group work with a weighting of 60% and 40% for the respective individual oral presentation.

### **Demonstration of the coherence between the teaching methodologies and the learning outcomes**

Seeking an active participation of students will be given the opportunity to research and carry out group work with presentation and discussion that will allow debate and reasoned argumentation. The discussion of the themes creates a learning space for the development of analytical and reflective skills that generate more consistent debates in the area of Family Health Nursing.

### **Bibliografia / Bibliography**

Campos, S., Coutinho, E. et al (2018). Capacitação para a comunicação não-violenta. In ESSV (Ed.), EducaMente. ESSV

CIE (2016) CIPE: versão 2015. Classificação Internacional para prática de Enfermagem. OE

Coutinho, E. et al (2020). A mulher imigrante na centralidade da interação com o enfermeiro: constrangimentos e estratégias de superação. *New Trends in Qualitative Research*, 3, 783-796

Figueiredo, H., Madeira, A., Reis, A. et al (2022). Aprendizagem do cuidar a família na comunidade. *Revista de Enfermagem Referência*, VI Série, 1, 1-8. doi.org/10. 12707/rv21073

Hanson, SM (2004). Enfermagem de cuidados de saúde à família: teoria, prática e investigação. 2.<sup>a</sup> ed., Lusociência, p.181-206

Reis, A. et al (2022). Cultura, género e poder na família. In M.H. Figueiredo (Ed.), *Enfermagem de saúde familiar* (p 121-124). Lidel

Reis, A. & Coutinho, E. (2022). A interculturalidade no cuidar a mulher grávida autóctone e migrante. In J. Amendoeira (Ed.), *Saúde individual e comunitária*. p. 51-60. Relgráfica