

Caraterização da Unidade Curricular / Characterisation of the Curricular Unit

Designação da Unidade Curricular / Curricular [70859995234] Seminários

**Unit:** [70859995234] Seminars

Plano / Plan: PLANO CPGCPFV - A PARTIR DE 2022/2023

Curso / Course:

Pós-Graduação em Cuidados Paliativos e Fim de

Vida

**Grau / Diploma:** Pós-Graduação **Departamento / Department:** ENFERMAGEM

Unidade Orgânica / Organic Unit: ESCOLA SUPERIOR DE SAÚDE DE VISEU

Área Científica / Scientific Area: Saúde

Ano Curricular / Curricular Year: 1

Período / Term: S1

**ECTS**: 5

Horas de Trabalho / Work Hours: 0125:00

Horas de Contacto/Contact Hours:

(T) Teóricas/Theoretical: 0000:00 (TC) Trabalho de Campo/Fieldwork: 0000:00

(TP) (OT) Orientação Tutorial/Tutorial

Teórico-Práticas/Theoretical-Practical: 0000:00 Orientation: 0000:00

eonco-Francas/Theoretical-Fractical.

(P) Práticas/Practical: 0000:00 (E) Estágio/Internship: 0000:00

(PL) Práticas Laboratoriais/Pratical Labs: 0000:00 (O) Outras/Others: 0000:00

(S) Seminário/Seminar: 0030:00

# Docente Responsável / Responsible Teaching

[5053] Sofia Margarida Guedes De Campos Salvado Pires

# **Outros Docentes / Other Teaching**

[504031] José Carlos Bermejo



# **Learning Outcomes of the Curricular Unit**

- -Recognize scientific research in the context of intervention in palliative care and end of life
- -Critically interpret the results of scientific research in the field of palliative care and end of life
- -Develop habits of participation in debates, demonstrating critical sense and capacity of argumentation;
- -Learn to organize a presentation, to capture the attention and interest of the audience, to use technological means and make good management of time available

# **Syllabus**

Selection and use of conceptual tools according to the objectives of the proposed study in palliative and end-of-life care intervention

Documentary analysis and database research on themes transversal to the intervention in palliative and end-of-life care

- -Critical analysis of concepts and scientific papers Multidisciplinary (Nursing, Sociological, Anthropological, Psychological, Medical) palliative care and end of life
- -Design and organization of thematic and interdisciplinary sessions on palliative care and end of life



### Demonstration of the syllabus coherence with the curricular units' learning objectives

The syllabus is in line with the objectives of the course, and is interlinked with the issues surrounding intervention in palliative and end-of-life care. These aspects are articulated with scientific research methodologies. Critical reflections converge on the topics researched.

Research, theoretical presentations and thematic lectures enable critical and reflective analysis, document and database analysis, and are a starting point for scientific research and critical evaluation of scientific articles, developing the student's skills in thematic debate and the ability to argue.

Presenting and organizing seminars, conferences and workshops on the topics researched allows the student to develop teaching skills in organizing a presentation, capturing the attention of the target audience, using technological means and effective time management.

# **Teaching Methodologies (Including evaluation)**

The working hours allow for critical reflection on the theme of intervention in palliative and end-of-life care and are aimed at the presentation and discussion of themes in a transversal way.

It is also intended that thematic scientific sessions are organised, within the scope of palliative and end-of-life care intervention from a multidisciplinary and systemic perspective, which are considered relevant to the understanding of the study.



# Demonstration of the coherence between the teaching methodologies and the learning outcomes

Each teaching and seminar session is presented as a privileged space for awareness and guidance of the problematic in the context of the promotion of intervention skills in palliative and end-of-life care as well as for research and scientific construction. It promotes learning centred on the student's autonomy, regarding the critical and reflective analysis of the themes, as well as promoting a greater mastery in the debate of themes, integrating investigative practice for that purpose.

Also, the presentation made in Conferences, Seminars and Workshops, allow the development of skills appropriate to the level of academic training.



#### Bibliografia / Bibliography

**Campos, S**. (2021). *A Esperança e a resiliência dos utentes de uma Unidade de Cuidados Continuados.* Zaragoza, nos dias 11 e 12 de novembro de 2021.

**Campos, S.,** Pinto, F., Marques, L., Pinhel, T., (2020, setembro). CUIDADOS CONTINUADOS DE MÉDIA DURAÇÃO: O DESAFIO DA INTERVENÇÃO PSICOLÓGICA. Simpósio Internacional de Psicologia da Educação, passado, presente e futuro. Universidade de Aveiro. Portugal

Soares, K. V., Campos S. M., e Alves C. H. (2019). Program for Prevention of falls in old age. Comunicação apresentada no Congresso Internacional of Health and Well-being Intervention (ICHWBI), , nos dias 31 de maio e 01 de junho, Viseu, Portugal.

Fermento, C., Martins, R., Campos, S., (2019). Personal investment and functional independence: Study of levels and determinants in a group of elderly people. SERVIR. Volume 60, Nº1-2, DEZ 2019.

Martins, C., Marques, C., Campos, S., Martins, R., Vieira, M., & Andrade, A. (2018). Resilience in cancer patients: A systematic review of the literature. The European Proceedings of Social & Behavioural Sciences, 82-93.doi: <a href="https://dx.doi.org/10.15405/epsbs.2018.11.9">https://dx.doi.org/10.15405/epsbs.2018.11.9</a>.

Martins, C., Campos, S., Martins, R., Vieira, M., Moreira. T., & Ferreira, M. (2018). Quality Of Life And Literacy In Hemodialysis Patient?s Health In A. Isman, & A. Eskicumali (eds.), International Conference on New Horizons in Education Conference, International Trends and Issues in Communication & Media Conference, & International Distance Education Conference: Proceedings book (Vol. 1, pp. 456-465). Paris: INTE, IDEC, ITICAM. <a href="https://int-e.net/publication-folder/inte/inte\_iticam-idec2018-v1.pdf">https://int-e.net/publication-folder/inte/inte\_iticam-idec2018-v1.pdf</a>