

Caraterização da Unidade Curricular / Characterisation of the Curricular Unit

Designação da Unidade Curricular / Curricular Unit:	[70859995235] Prática Clínica em Unidades Diferenciadas em Cuidados Paliativos		
	[70859995235] Clinical Practice in Palliative Care Units		
Plano / Plan:	PLANO CPGCPFV - A PARTIR DE 2022/2023		
Curso / Course:	Pós-Graduação em Cuidados Paliativos e Fim de Vida		
Grau / Diploma:	Pós-Graduação		
Departamento / Department:	ENFERMAGEM		
Unidade Orgânica / Organic Unit:	ESCOLA SUPERIOR DE SAÚDE DE VISEU		
Área Científica / Scientific Area:	Saúde - programas não classificados noutra área de formação		
Ano Curricular / Curricular Year:	1		
Período / Term:	S1		
ECTS:	10		
Horas de Trabalho / Work Hours:	0250:00		
Horas de Contacto/Contact Hours:			
(T) Teóricas/Theoretical:	0000:00	(TC) Trabalho de Campo/Fieldwork:	0000:00
(TP) Teórico-Práticas/Theoretical-Practical:	0000:00	(OT) Orientação Tutorial/Tutorial Orientation:	0000:00
(P) Práticas/Practical:	0000:00	(E) Estágio/Internship:	0080:00
(PL) Práticas Laboratoriais/Practical Labs:	0000:00	(O) Outras/Others:	0000:00
(S) Seminário/Seminar:	0000:00		

Docente Responsável / Responsible Teaching

[5024] Olivério De Paiva Ribeiro

Outros Docentes / Other Teaching

Não existem docentes definidos para esta unidade curricular.

Learning Outcomes of the Curricular Unit

Plan, execute and evaluate integrated health care in a context of palliative care provision using existing resources in a planned way in order to promote the quality of life of the individual/family;
Develop a schedule of activities.

Skills:

To train the care of the person with chronic, disabling and terminal disease, of their caregivers and family members in contexts of clinical practice, in order to evaluate the suffering and maximize well-being, comfort and quality of life;
Develop the therapeutic relationship with the person with chronic, disabling and terminal disease, their caregivers and family members, in order to facilitate the process of adaptation to successive losses and death.

Syllabus

Conduct a comprehensive approach to patient needs based on clinical observation and assessment instruments duly defined by the Service;
Establish therapeutic communication with patient/family showing empathy and solidarity;
Establish and maintain constructive working relationships with the multidisciplinary team.

Demonstration of the syllabus coherence with the curricular units' learning objectives

In order to achieve the defined objectives, the student will, in practice, develop nursing care for the patient and family. It is expected that the student applies the scientific methodology of work according to the priorities of the patient / family and establish with the rest of the team a therapeutic plan

Teaching Methodologies (Including evaluation)

Active methods will predominate in the teaching/learning process, focusing on the student. It is foreseen the use of the inductive-deductive method, using the discussion and reflection on action and action, leading to the consolidation of learning built throughout life. Also supported in pedagogical meetings.

The evaluation is carried out by the method of continuous evaluation, and it is up to the pedagogical team to operationalize the most appropriate assessment instruments and give knowledge to the student at the beginning of the internship. The final evaluation of clinical practice is based on the information collected by the professors responsible for the internship field and by the tutor nurse and work performed.

Demonstration of the coherence between the teaching methodologies and the learning outcomes

Given that clinical practice develops in a professional context, we bet on the mobilization of theoretical knowledge for professional practice. Before the beginning of the internship, an integration meeting is held with the students and the pedagogical team, where they are given all the orientations related to the curricular unit. Students are offered the assessment instrument containing the objectives, skills to be developed, and methodological guidelines.

Bibliografia / Bibliography

Decreto-Lei n.º 101/2006 de 6 de Junho. Diário da República, I série ? N.º 109/2006. Ministério da Saúde. Lisboa.

Decreto-Lei n.º 52/2012 de 5 de Setembro. Diário da República, 1.ª série ? N.º 172/2012. Ministério da Saúde. Lisboa.

Machado, M G F (2000). **A medicina familiar e os cuidados paliativos** . [Lisboa]: [s.n.].

Portugal. (2005). **Programa nacional de cuidados paliativos** . Divisão de Doenças Genéticas, Crónicas e Geriátricas. Lisboa: Direcção-Geral da Saúde.